



# CHAPLAIN (MAJOR GENERAL) DONALD RUTHERFORD CHIEF OF CHAPLAINS



- CONFIDENTIAL COUNSELING (CSA Imp #1)
   Confidential Communications
- - Given in Trust as Act of Religion/Conscience.
  - Made in Confidence.
  - Not Intended for Disclosure.

- Balance Confidentiality w/Victim Care
  - Confidential/Privilege Comms = Religious Act
  - Restricted/Unrestricted Report = Legal Act
- Establish a Sense of Safety



# RELIGIOUS TRADITIONS AND HEALING (CSA ImpReligious Traditions:#3)

- - Promote Healing
  - Enable Recovery and Restoration
- Pastoral Care as Multi-Disciplinary Team:
  - SPIRIT (Model of Care)
    - Setting A Supportive Safe Environment
    - Pacing for Gathering Details
    - Information Sharing
    - Restoring the Person to Life
    - Integrating the New Experience into Identity
    - Thinking Theologically about Sexual Assault



COMPASSIONATE PASTORAL CARE (CSA Imp #1)
 Compassion and Conscience...

- Chaplains MUST NOT Impose:
  - Personal Theology
  - Religious language and/or ideology

- Chaplains MUST:
  - Respect Victim's Religious/Spiritual Tradition(s)
  - Nurture Healing IOT Find Meaning & Peace



Unit Ministry Team(s) DORESTRAINTS

- Investigate
- Advise on Legal Defense or Prosecution
  - Not Subject To Statements Due To Confidentiality
- Replace UVA or SARC Roles/Individuals
- Abandon the Unit Ldrs During The Incident Investigation Or Recovery Phase
  - Confidentiality Doesn't Equal Disengagement Or Removal
- Impose Personal Theological Views.



### THE ARMY CHAPLAIN AND CRISIS **SUPPORT**

**INITIAL ESTABLISHMENT OF** 

**CONFIDENTIAL** 

COUNSELING

#### **ACTIVITIES\***

Establish Safe Environment

Offer Crisis Intervention

Provide Pastoral Support

Offer Guidance Based on Situation/CMD Notification

Assess Religious/Spiritual Trauma

Identify Religious/Spiritual Healing Resources

Provide Referrals to Assist with Other Needs

#### **OUTPUTS**

Provide Access to Pastoral Counseling: \*Victim Counseling \*Perpetrator Counseling

CMD Team Care

#### **OUTCOMES**

VSFSO is aware of options and resources.

VSFSO begins to consider choices and make informed decisions.

VSFSO feels supported.

#### **RESULTS**

**VSFSO** Restoration Initiated

Trust is Enhanced

Long-term Pastoral Relationship Established.

**Experience Mitigated** 

Unit Cohesian Initiated

VSFSO: Victim/Survivor; Family; Significant Other(s)



# THE ARMY CHAPLAIN AND CRISIS SUPPORT KEY POINTS

- Respect the courage of the victim!
- Chaplains provide absolute confidential counseling.
- Religious Traditions promote healing and enable recovery and restoration.
- Chaplains will facilitate compassionate pastoral care.